



Miljöengagerad paddling—Under ytan

Tankesmedjan

Friluftsliv 2023

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Landskapvetenskap

Sustainable

Multifunctional

Landscapes



Högskolan
Kristianstad



TRIMTEX

ASTRAL

NRS

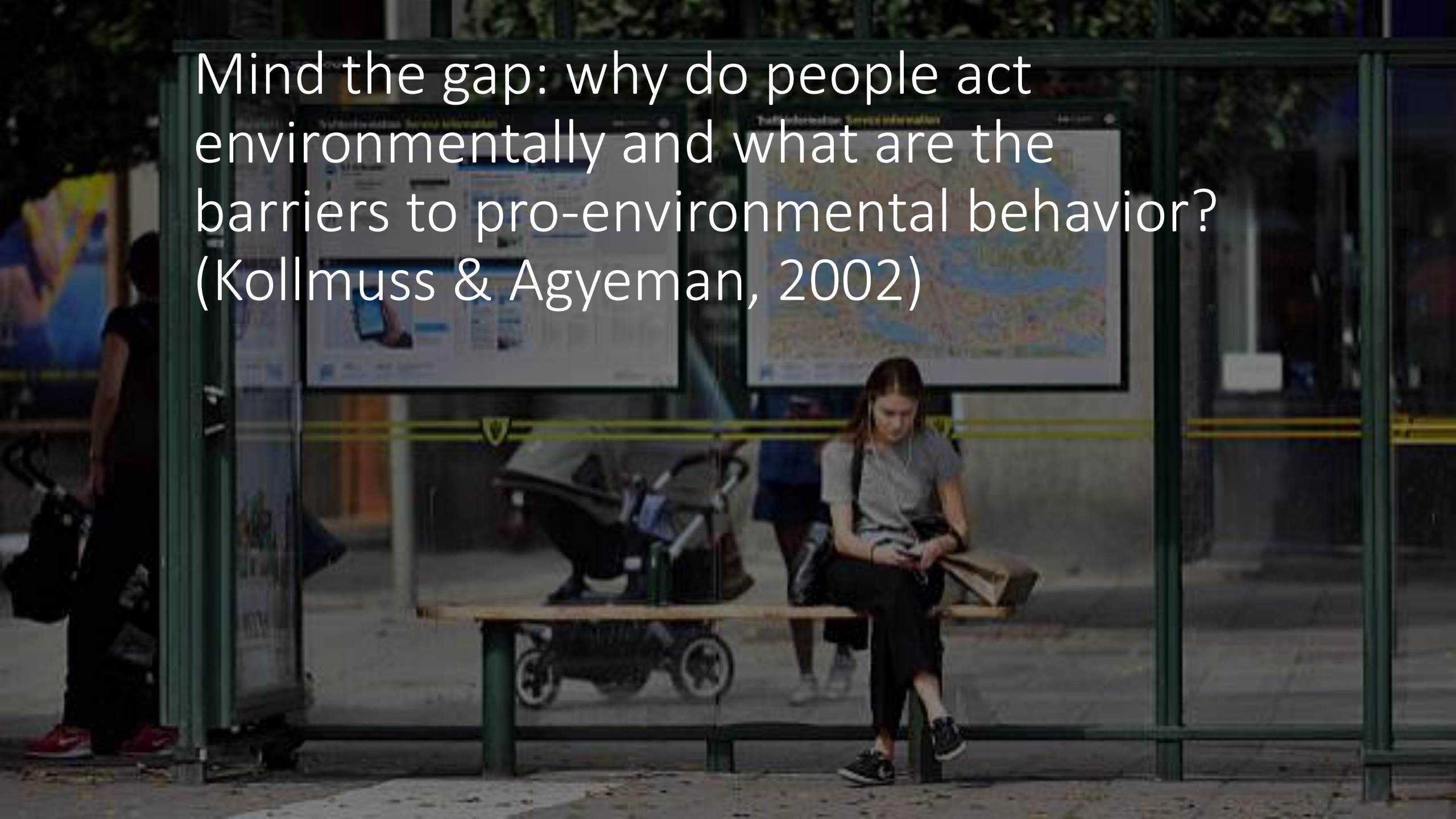
Multiple roles:

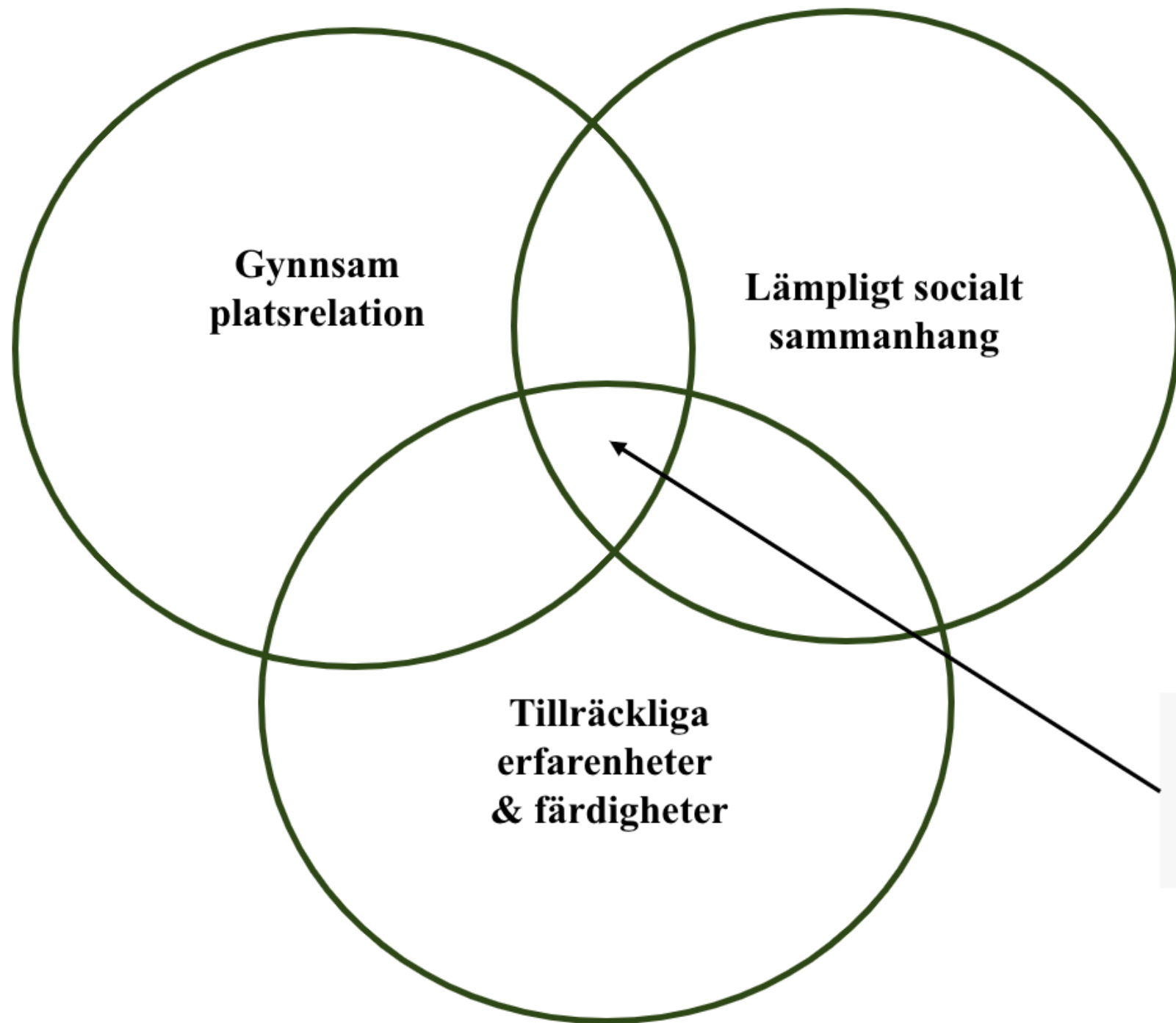
- Course designers—drawing upon theory and previous research.
- Outdoor educators—pilot testing the course material.
- Researchers—investigating the hypothesis that friluftsliv educational programming may be able to support environmental knowledge, capacity, concern and engagement, and through this, increase the likelihood for pro-environmental behavioral change.

Pro-environmental behavior is purposeful action that can reduce a negative impact on the environment



Mind the gap: why do people act environmentally and what are the barriers to pro-environmental behavior? (Kollmuss & Agyeman, 2002)





**Gynnsam
platsrelation**

**Lämpligt socialt
sammanhang**

**Tillräckliga
erfarenheter
& färdigheter**

Förutsättningar för
ökad miljörelaterad
kunskap, förmåga och
engagemang



- Theory as base
- Adapt the training to participants level in terms of skills and experience
- Present a wide range of activities and exercises

Combine theory with practice





***Gynnsam
Platsrelation:
Favorable
place relations***

A high-angle photograph of a group of people standing in a circle on a grassy area. They are participating in a team-building exercise where yellow ropes are stretched between their feet. The people are wearing various casual clothing and sneakers. The scene is brightly lit, suggesting an outdoor setting during the day.

***Lämpligt socialt
sammanslagning:
Appropriate
social context***

***Tillräckliga
erfarenheter &
fardigheter:
Adequate
experience
& skills***











Tillsammans förverkligar vi paddlingsdrömmar

Välkommen till Svenska Kanotförbundet – vi erbjuder paddlingsglädje genom hela livet. Här sker fysisk och psykisk utveckling i balans med återhämtning oavsett drömmar och mål – från friluftsliv och motion till träning och tävling. Välmående medlemmar och natur är en förutsättning för vår verksamhet och vi verkar för en trygg och säker miljö, både i mötet mellan människor och på vattnet.



[Drakbåt](#)

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A few more...

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